

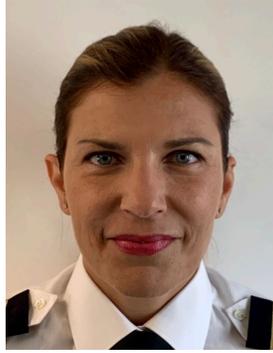
Curriculum Vitae

**Charlotte Elisabetta Maria
COSTANTINI**

charlottecstantini@gmail.com

+393482623370

Fully vaccinated (Green Pass)



Aeronautical qualifications

Airline Pilot / Total flight time: 7000

EPTA (English Proficiency Test Alitalia) Examiner

Current Type Ratings Airbus A320 and 737 (300-900)

ATPL-A

F/I (Flight Instructor)

First Class Medical

ICAO English Proficiency Level: 6

English Language Proficiency Examiner

Cambridge Proficiency A

Flight Safety and Accident Investigation Officer

OTHER QUALIFICATIONS:

Bachelor's degree in Psychology (December, 2021)

title of my thesis "Startle Effect and the benefits of Mindfulness for Aviation Personnel"

Advanced Instructor in Facilitating Simulation Scenarios and conducting complex Debriefings (qualified at CMS - Centre for Medical Simulation, Harvard, Boston).

Psychological Counselor (University of "Tor Vergata", Rome, 2015-2017)

specializing in Crisis Counseling and Trauma Intervention.

Sexological counselor (ASPIC, Università del counseling, December 2021)

title of my thesis "Attachments styles and sexuality, traumatic attachment".

Member of the Italian National Association of Counselors

ANCORE (515).

Associate member and instructor of ITAPA, the Italian Association of Aviation Psychologists.

Volunteer operating in the NSPS: Social-Psychological Support Intervention Group, Emergency Counseling, (ASPIC).

ICISF (International Critical Incident Stress Foundation) certified CISM (Critical Incident Stress Management) **Instructor** in both Individual and Group Interventions.

ICISF Instructor number 1586.

ICISF certified peer for Suicide Intervention and Prevention.

TRM Trauma Resiliency Model Level 1 Practitioner, Trauma Resource Institute. (October 2021)

Flight Safety Officer and Accident Investigator (qualified in the 48th Course organized by the Italian Airforce).

CRM Facilitator and Human Performance Instructor

Work experience as facilitator for various companies, (AirItaly-Meridiana, Mistral Air, AirVallee) both nationally and internationally working both with pilots and cabin crew. As a Human Performance Instructor I have tutored mostly young student pilots working towards their ATPL (AirColumbia-Aviomar).

Dangerous Goods Instructor, IATA certified with commendation.

Aeronautical Language Translator

I have translated mostly technical manuals: I collaborated with Alitalia CAI on the translation of their OPS-MAN A, 2010, and with Mistral Air on their Training Manuals.

I have also translated articles for the Italian Aeronautical Flight Safety Magazine and collaborated in the translation of accident reports for investigative agencies.

Member of The European Association of Aviation Psychologists, EEAP.

Voluntary work:

Currently collaborating as a volunteer in Itapa's (Italian Association of Aviation Psychology) project "HERE I AM" that psychologically supports aviation personnel currently out of work.

Currently collaborating with foster home "Il Tetto" by providing individual counseling sessions to young adolescents.

Other Current Collaborations:

External Academic Lecturer for LUISS Business School In Leadership and Flight Leadership.

Active peer member and peer instructor providing qualification in the CISM (Critical Incident Stress Management) Protocol for ITAPA, Italian Association of Aviation Psychologists.

CISM (Critical Incident Stress Management) and Crisis Counseling Lecturer at CIPA Counseling Department at the University of Tor Vergata.

WORK EXPERIENCE

Current Position: A320F first officer in ITA Airways.

Last Position:

Alitalia

2013-2021

First Officer A320-EPTA EXAMINER

I collaborated in the Training Department on the ATQP project and as an English Examiner both for pilots and cabin crew.

I completed a project in creating and certifying with the Italian Authorities the company's English Proficiency Exam (EPTA) for flight crew.

Previous Position:

Air Italy-Meridiana

2010-2013

First Officer and Ground Instructor.

Aircraft flown: 737 (300-400-700-800).

Qualified also for Extended Range (ETOPS ops) Flights.

Ground Instructor, specializing in CRM, and DGR.

English Examiner, both for flight and cabin crew.

(ENAC certifying exams)

I also contributed in the IOSA Auditing Certification Process on behalf of the Company, and performed as copilot on technical certification flights (flight tests) for aircraft 737 returning to lessor

Previous employers and positions held

Safety Manager for Rotkopf Aviation Services Italia
(Sep 2011-Aug 2012)

CAI-AIRONE: First Officer on B-737 classic
(From 29/07/2009 to 28/11/2009)

NEOS: First Officer on B-737 NG
(From 07/01/2009 to 24/07/2009)

AIRONE: Copilot then First Officer on B-737 classic
(From 13/12/2007 to 13/12/2008)

RYANAIR: Copilot on B-737 NG
(From 01/03/2007 to 04/07/2007)

ALITALIA: F/A for Alitalia
(Oct. 2003/Nov. 2004 & Sept. 2005/Nov 2006)

BLUE PANORAMA: Flight Dispatcher (737- 767 ETOPS)
and OCC (Operations Control Centre Operator)
(Jan. 2004-Jul. 2004)

English Examiner for the British Council Rome
(1998-2000)

Part-time secretary British Embassy Rome (1998-2000)

Education and training

Bachelor's degree in Psychology (Unimarconi, Dec. 2021)

Sexological counselor diploma (Aspic, Dec. 2021)

I completed in October 2021 my training to Become a TRM Practitioner (Trauma and Resiliency Model Practitioner -Level 1), at the Trauma Resource Institute

I terminated in 2021 an online course in the "Science of Wellbeing", Yale University.

I Participated in an online course on Trauma Recovery Intervention Techniques by Janina Fischer, Sensorimotor

Psychotherapy Institute, May, 2021.

Advanced Instructor Course, March 2019, CMS-Centre for Medical Simulation, Boston, MA.

Psychological Counselor University Diploma 2015-2017, University of Rome, Tor Vergata.

Peer Support Course in Suicide Intervention, Jan 2016, ICISF.

Instructor Qualification for Group Crisis Intervention, Dublin, August 2015, ICISF.

Instructor Qualification for Assisting Individuals in Crisis, July 2015, ICISF.

Advanced Course in Strategic Response to Crisis, March 2015, ICISF.

Advanced Group Crisis Intervention, August 2014, ICISF.

Qualified in Family Assistance Centre Management (Course organized by KENYON) Bologna, 2014.

Qualified Flight Safety Officer and Aircraft Accident Investigator. (48th Course organized by the Italian Airforce).

Intensive Course on Crisis Intervention and Peer Support, held by Louise Cullinan, ALPA National CIRP Chairman, In collaboration with IBALPA MADRID (Nov. 2011)

Safety Workshop on e-more reporting and SDS, Enac, (Nov. 2011)

"Quality Manager and Auditing Course", Azeta InfoTech, (June 2011)

Aviation Safety Management System Course –IFSC, (Feb. 2011)

Attendance EU-OPS requirements and specifications course, (Nov. 2010)

IATA Dangerous Goods Instructor Course ,
(July 2010)

University Degree in Anthropology (106/110),
University of Rome, "La Sapienza", (Dec. 2006)

Proficiency in the English Language, (A), University of
Cambridge, (June 1998)

Scientific High School Diploma (60/60), Liceo Scientifico
Statale "Democrito"
(July 1997)

Personal Interests

My personal interests have always included Archeology
and Anthropology.

I have collaborated with the museum "Pigorini" in Rome.
The two major projects in which I have participated are relative
to antique dentures, identifying gender, age and major
pathologies; and trauma (skull trauma in particular).

I have also studied Forensics, during a Master's Course,
held in Budapest (Aug. 2006), sponsored by FASE,
The Association of European Forensic Anthropologists and
Labanof, studying the effects of major incidents,
(including airline accidents) on human beings, and talking
about personal identification and international protocols.

Other interests include reading, yoga and skiing.

